

ILLNESS GUIDELINES

Because communicable infections quickly spread among children in school, the following guidelines serve as help to parents in determining whether or not to send a child to school. This is for the good of the all children and staff in the school community. Any child that shows signs of infection or illness should be kept home until the child has been **without any of the following for at least 24 hours.** Parents should have a list of people who can care for an ill child if they are unable to do it because of work schedules.

- **Fever** – 100 degrees or higher (orally) or 99 degrees (armpit).
- **Bronchitis** – a cough without mucous secretion, fever, sore throat, and runny nose.
- **Diarrhea** – more than twice a day.
- **Vomiting** – until vomiting and other digestive or flu like symptoms are no longer present.
- **Cold** – with green or yellow nose drainage, fever, or sneezing.
- **Sever cough** – a wet, wheezy cough with mucous secretion.
- **Rashes of the skin** – identified by a physician.

There are several illnesses' that need to be reported to the school. The following are the most common.

- **Strep throat** – two days of antibiotics, fever and other symptoms are no longer present.
- **Conjunctivitis (pink eye)** – yellow or green drainage, crusted mucous discharge or redness symptoms disappear.
- **Impetigo** – one day of antibiotic treatment and the sores are dry and healing.
- **Head Lice** – after treatment and no other eggs are seen.
- **Chicken pox** – seven days after onset of the rash and if all the blisters are dry.

If a child becomes ill at school, the parents will be notified and arrangements must be made to pick-up your child, within one hour. If neither parent is able to pick up an ill child, the parents are to contact one of their pre-approved persons to pick up the child. If the school cannot contact either parent, the parent will have given approval for the school contact a pre-approved adult. Please be sure that parent-provided names and numbers are always current. *(The family information form completed at registration will indicate those whom the school may contact.)*

The **state mandates** parents notify the school if they or their children contact a communicable disease such as chicken pox, hepatitis, measles, etc. The school will notify parents if their child is exposed to a communicable disease while at school. A form from the County of Santa Clara Health Department will be sent home explaining the symptoms to watch for and when they may return to school.